

*My Madina,
My Home
New Muslim Resource
Centre*

Ramadan Day	Feb	Day	Fajr	Sunrise	Ishraaq	Dhuhr	Asr(S)	Asr(H)	Maghrib	Esha
1	19	Thurs	5:04	6:25	6:45	13:03	16:40	17:42	19:38	20:50
2	20	Fri	5:05	6:26	6:46	13:03	16:39	17:41	19:37	20:49
3	21	Sat	5:07	6:27	6:47	13:03	16:39	17:40	19:36	20:48
4	22	Sun	5:08	6:28	6:48	13:03	16:39	17:39	19:35	20:46
5	23	Mon	5:09	6:28	6:48	13:03	16:38	17:39	19:34	20:45
6	24	Tues	5:10	6:29	6:49	13:02	16:38	17:38	19:32	20:42
7	25	Wed	5:11	6:30	6:50	13:02	16:37	17:37	19:31	20:41
8	26	Thurs	5:12	6:31	6:51	13:02	16:37	17:36	19:30	20:40
9	27	Fri	5:13	6:32	6:52	13:02	16:36	17:35	19:29	20:38
10	28	Sat	5:14	6:33	6:53	13:02	16:36	17:35	19:28	20:38
11	March	Sun	5:15	6:33	6:53	13:02	16:35	17:34	19:26	20:37
12	2	Mon	5:16	6:34	6:54	13:02	16:34	17:33	19:25	20:35
13	3	Tues	5:17	6:35	6:55	13:01	16:34	17:32	19:24	20:34
14	4	Wed	5:18	6:35	6:55	13:01	16:33	17:31	19:23	20:32
15	5	Thurs	5:19	6:36	6:56	13:01	16:33	17:30	19:21	20:31
16	6	Fri	5:20	6:37	6:57	13:01	16:32	17:29	19:20	20:30
17	7	Sat	5:21	6:38	6:58	13:00	16:31	17:28	19:19	20:28
18	8	Sun	5:22	6:40	7:00	13:00	16:31	17:27	19:17	20:27
19	9	Mon	5:23	6:40	7:00	13:00	16:30	17:26	19:16	20:25
20	10	Tues	5:24	6:41	7:01	13:00	16:29	17:25	19:15	20:24
21	11	Wed	5:25	6:42	7:02	12:59	16:28	17:24	19:14	20:22
22	12	Thurs	5:26	6:43	7:03	12:59	16:28	17:23	19:12	20:21
23	13	Fri	5:27	6:44	7:04	12:59	16:27	17:22	19:11	20:20
24	14	Sat	5:28	6:44	7:04	12:58	16:26	17:21	19:10	20:18
25	15	Sun	5:29	6:45	7:05	12:58	16:25	17:20	19:08	20:17
26	16	Mon	5:30	6:46	7:06	12:58	16:25	17:19	19:07	20:15
27	17	Tues	5:30	6:47	7:07	12:58	16:24	17:18	19:05	20:14
28	18	Wed	5:31	6:48	7:08	12:57	16:23	17:17	19:04	20:12
29	19	Thurs	5:32	6:48	7:08	12:57	16:22	17:15	19:03	20:11
30	20	Fri	5:33	6:49	7:09	12:57	16:21	17:14	19:01	20:10

ESSENTIAL DUAS FOR THE HOLY MONTH OF RAMADAN

INTENTION / NIYYAH FOR FASTING

نَوَيْتُ صَوْمَ غَدٍ أَنْ أُؤَدِّيَ فَرْضَ شَهْرِ رَمَضَانَ هَذِهِ السَّنَةِ لِلَّهِ تَعَالَى

Transliteration:

Nawaytu ṣawma ghadin an u'addiya farḍa shahri Ramaḍāna hādhihi as-sanati lillāhi ta'ālā.

Meaning:

"I intend to fast tomorrow to fulfil the obligation of the month of Ramadan this year for the sake of Allah, the Most High."

WHEN BREAKING THE FAST

اللَّهُمَّ لَكَ صُمْتُ وَبِكَ آمَنْتُ وَعَلَى رِزْقِكَ أَفْطَرْتُ

Transliteration:

Allāhumma laka ṣumtu wa bika āmantu wa 'alā rizqika aftartu.

Meaning:

"O Allah, for You I fasted, in You I believe, and with Your provision I break my fast."

RAMADAN FAQ'S

Q: If I mistakenly swallowed water while performing wudhu (ablution), is my fast still valid?

A: No. By doing an act mistakenly, it will break one's fast. However, only Qadhā will be necessary.



My Madina My Home new muslims resource centre RAMADAN INVITATION IFTAAR MEET-UP

- New Muslims and those who reverted many years ago
- Anyone thinking about embracing Islam or wanting to become Muslim
- Muslims who may be feeling Isolated
- Those who wish to renew their faith and refresh their intentions

IF THIS SPEAKS TO YOU, WE WARMLY
INVITE YOU TO JOIN US.



Sat 6 March,
2026 at 6pm

Madina
Belgravia

12 VELD RD, BELGRAVIA ESTATE

Please Register for catering purposes

Via link or scan QR Code
bit.ly/MyMadinaMeetUp



THE NIGHT OF LAYLATUL QADR

Dua for Laylatul Qadr

اللَّهُمَّ إِنَّكَ عَفُوٌّ تُحِبُّ الْعَفْوَ فَاعْفُ عَنِّي

Allahumma innaka 'afuwwun, tuhibbul-'afwa, fa'fu 'anni.

Translation: "O Allah, indeed You are Pardoning, [and] You love to pardon, so pardon me".



Nabi ﷺ advised in a Hadith narrated by Aisha (R.A):

تَحَرَّوْا لَيْلَةَ الْقَدْرِ فِي الْوَتْرِ مِنَ الْعَشْرِ
الْأَوَاخِرِ مِنْ رَمَضَانَ

"Search for the Night of Qadr in the odd nights of the last ten days of Ramadan."

Bukhari 2017

DIMENSIONS OF FASTING & THE MONTH OF RAMADAN

All praise is due to Allah, the Cherisher, Sustainer, Nourisher and Provider of the entire creation. May peace, blessings and salutations be upon our Beloved Prophet Muhammad ﷺ.

The month of Ramadan is a month of blessings, mercy and opportunity. The month of Ramadan is the month in which the Quran was revealed. As Allah says in the Holy Quran in Surah Baqarah, verse 185:

شَهْرُ رَمَضَانَ الَّذِي أُنزِلَ فِيهِ الْقُرْآنُ هُدًى لِّلنَّاسِ وَبَيِّنَاتٍ مِّنَ الْهُدَىٰ وَالْفُرْقَانِ

“Ramadan the month in which the Quran was revealed as a guide for humanity with clear proofs of guidance and criterion”

Ramadan is often understood as a month of refraining from food, drink, and marital relations from dawn to sunset. While this physical abstinence is an essential component of fasting, it represents only one dimension of a far deeper spiritual, moral, and social/educational process. Islam presents fasting as a comprehensive act of worship aimed at transforming the believer's heart, character, and relationship with Allah and creation.

Allah clearly states the objective of fasting:

يَا أَيُّهَا الَّذِينَ ءَامَنُوا كُتِبَ عَلَيْكُمُ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ

“O you who believe! Fasting has been prescribed for you as it was prescribed for those before you, so that you may attain taqwa (God-consciousness).” (2:183)

This verse establishes that the ultimate goal of fasting is taqwa, not hunger.

RAMADAN FAQ'S

Q: Can eardrops be used whilst fasting?

A: When the eardrum is perforated (has a hole/tear), then applying eardrops will invalidate the fast as this will allow the drops to go to the inner ear and throat, subsequently reaching the stomach. Otherwise, it will not invalidate the fast.



My Madina My Home New Muslims Resource Centre and Library
<https://www.madinainstitute.org.za/my-madina-my-home/>

THE SPIRITUAL DIMENSION: CULTIVATING TAQWA AND CLOSENESS TO ALLAH S.W.T.

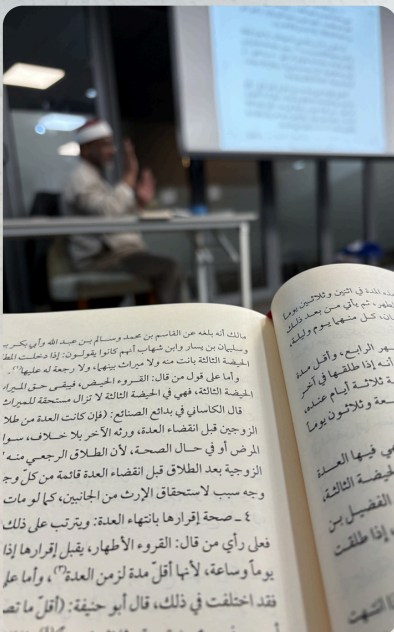
Fasting weakens the dominance of physical desires and strengthens the soul's awareness of Allah. By consciously refraining from lawful pleasures, the believer learns to restrain from the unlawful. Hunger softens the heart, increases humility, and deepens reliance upon Allah.

The Prophet ﷺ said:

مَنْ صَامَ رَمَضَانَ إِيمَانًا وَاحْتِسَابًا غُفِرَ لَهُ مَا تَقَدَّمَ مِنْ ذَنْبِهِ

“Whoever fasts Ramadan with faith and seeking reward, his past sins will be forgiven.”

(Şaḥīḥ Bukhari, 38; Sahih Muslim, 760)



THE MORAL DIMENSION: DISCIPLINE OF CHARACTER AND BEHAVIOUR

Ramadan offers us the opportunity to become better Muslims. It is a month where we can get rid of our bad habits completely rather than just pause it, and form new beneficial habits. It is a month which gives us a glimpse of what we are capable of doing on a daily basis. Thus fasting extends to the limbs and tongue.

The Prophet ﷺ said:

مَنْ لَمْ يَدَعْ قَوْلَ الرُّورِ وَالْعَمَلَ بِهِ فَلَيْسَ لِلَّهِ حَاجَةٌ فِي أَنْ يَدَعَ طَعَامَهُ وَشَرَابَهُ

“Whoever does not give up false speech and acting upon it, Allah has no need of him giving up his food and drink.”
(Sahih al Bukhari, 1903)

This includes avoiding lying, gossip, slander, anger, and harmful speech. One may ask what is the best way for us to remove our bad habits and form new beneficial habits. Shaykh Sayed Habib Ali Jifri offered a solution in one of his lectures.

“In any action which your ego starts talking to you about doing, ask yourself if Nabi ﷺ was in the same situation, what would He ﷺ do and if He ﷺ was besides you at that moment how would he like you to be? Imagine you receive a message from Nabi Muhammed ﷺ saying that He ﷺ will be coming to stay with you for 3 days and He ﷺ is bringing his beloved daughter Fatima Zahra (R.A) to keep the women of the household company. What would each of us need to change? Starting from the bedroom, what would we need to change? What would we need to change on our Facebook and Twitter pages? What would we need to change from our browser history? What would we need to change from the CD’s in our cars? What friends around you would you be happy for Nabi ﷺ to know you friends with and what friends would you feel ashamed to introduce Nabi ﷺ to? What daily habits would you let Nabi ﷺ share with you and which ones would you feel ashamed for Nabi ﷺ to see you doing?”

RAMADAN FAQ's

Q: Can I have a blood test done whilst fasting?

A: Yes, you could do so provided that you do not become so weak that fasting becomes difficult.

madina BELGRAVIA
2026
ADULT PART - TIME SATURDAY CLASSES
Weekly Saturday Classes
7 February to 28 November
2pm to 5pm
In-person at the Madina Belgravia Campus,
12 Veld Road, Athlone

Classes Include:

- Quran Arabic
- Tajweed
- Fundamentals of Worship
- Fundamentals of Faith
- Know your Final Prophet peace be upon him
- Spirituality

REGISTER ONLINE FOR MORE DETAILS OR SCAN THE QR CODE: [BIT.LY/MADINA2026](https://bit.ly/madina2026)

Classes are open to all Adult Males and Females, including our Muallimas, Imaams & New Muslims. No Prior Knowledge Required

Applications for 2026 are also open at Madina Institute SA Cape Town www.madinainstitute.ac.za

enrichment@madinainstitute.ac.za

EARLY BIRD FEE BY 26 JAN

RAMADAN FAQ's

Q: If you have been off contraceptive for a very long time and start getting a brown discharge but no sign of blood does it invalidate wudu, fast and can you make salaah.?

A: Looking at discharge itself, it does not invalidate ones fast. It does invalidate wudu, so one will be unable to establish their Salāh. With that being said, if the discharge is continuous this puts the female in a state of 'Istihada'.

This means she needs to perform a new wudu for every time of the prayer, whether or not anything has exited from the both private parts. She will not be able to establish more than one salāh with one wudu.

Also, she needs to keep track of her monthly cycle once it's the time of her menses then it's no longer 'Istihada' but 'Haid' itself (meaning periods)fast.

THE EDUCATIONAL / SOCIAL DIMENSION: HABIT FORMATION AND LIFELONG CHANGE

Ramadan acts as an annual spiritual training program. For thirty days, believers practice consistency in worship, discipline in behaviour, kindness and respects towards others most notably our parents, elders and neighbors and mindfulness of Allah.

The aim is not temporary righteousness, but sustainable transformation beyond Ramadan.

In Iḥya Ulul Al Din Imam al-Ghazzali presents fasting as a discipline that curbs the appetitive faculties and reinforces reason and obedience to God, thereby elevating the human soul from domination by instinct toward a state resembling that of the angels, who act without the influence of desire.

We ask Allah to facilitate and allow us to bring about positive change in our lives and to accept our efforts from us and grant us understanding In Sha Allah!